

MEDICATION SAFETY



Keep out of reach.

Medicines should be kept in a high, safe place, out of kids' reach.



Only a doctor or trusted adult

Do not take medicine given to you by anyone except a doctor or trusted adult. Take medicine exactly as instructed.



Never share medicine.

Sharing medicine can be very dangerous. Your medication is only for you. Others' is only for them. Medicine is not for sharing!



Dispose of medicine safely.

Mix into something gross or take to a medical facility for safe disposal.



Vitamins can be dangerous, too.

Treat vitamins like medicine and follow these same rules.

