

# **Recognizing Red Flags in Relationships Academy**

Lesson 3: Grooming and Exploitation

Arizona Foundation for  
**LEGAL SERVICES  
& EDUCATION**  
THE ARIZONA BAR FOUNDATION

## **Scenario 1:**

Someone you met online messages you every day, compliments you a lot, and asks you to keep your conversations private.

### **Task for the Group:**

- Which stage of grooming is present?
- What warning signs do you notice?
- What is one safe action someone could take?

## **Scenario 2:**

A person offers you money or gifts and later starts asking you to do things that make you uncomfortable.

### **Task for the Group:**

- Which stage of grooming is present?
- What warning signs do you notice?
- What is one safe action someone could take?

## **Scenario 3:**

A friend says you shouldn't talk to your family or other friends because "they wouldn't understand."

### **Task for the Group:**

- Which stage of grooming is present?
- What warning signs do you notice?
- What is one safe action someone could take?

## **Scenario 4:**

Someone pressures you to respond immediately and gets angry or threatening if you don't.

### **Task for the Group:**

- Which stage of grooming is present?
- What warning signs do you notice?
- What is one safe action someone could take?

## **Scenario 5:**

You notice a friend suddenly pulling away, keeping secrets, and seeming anxious about someone they're talking to.

### **Task for the Group:**

- Which stage of grooming is present?
- What warning signs do you notice?
- What is one safe action someone could take?