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P A R E N T

SIBLING

SCHOOL

STAFF

THEY

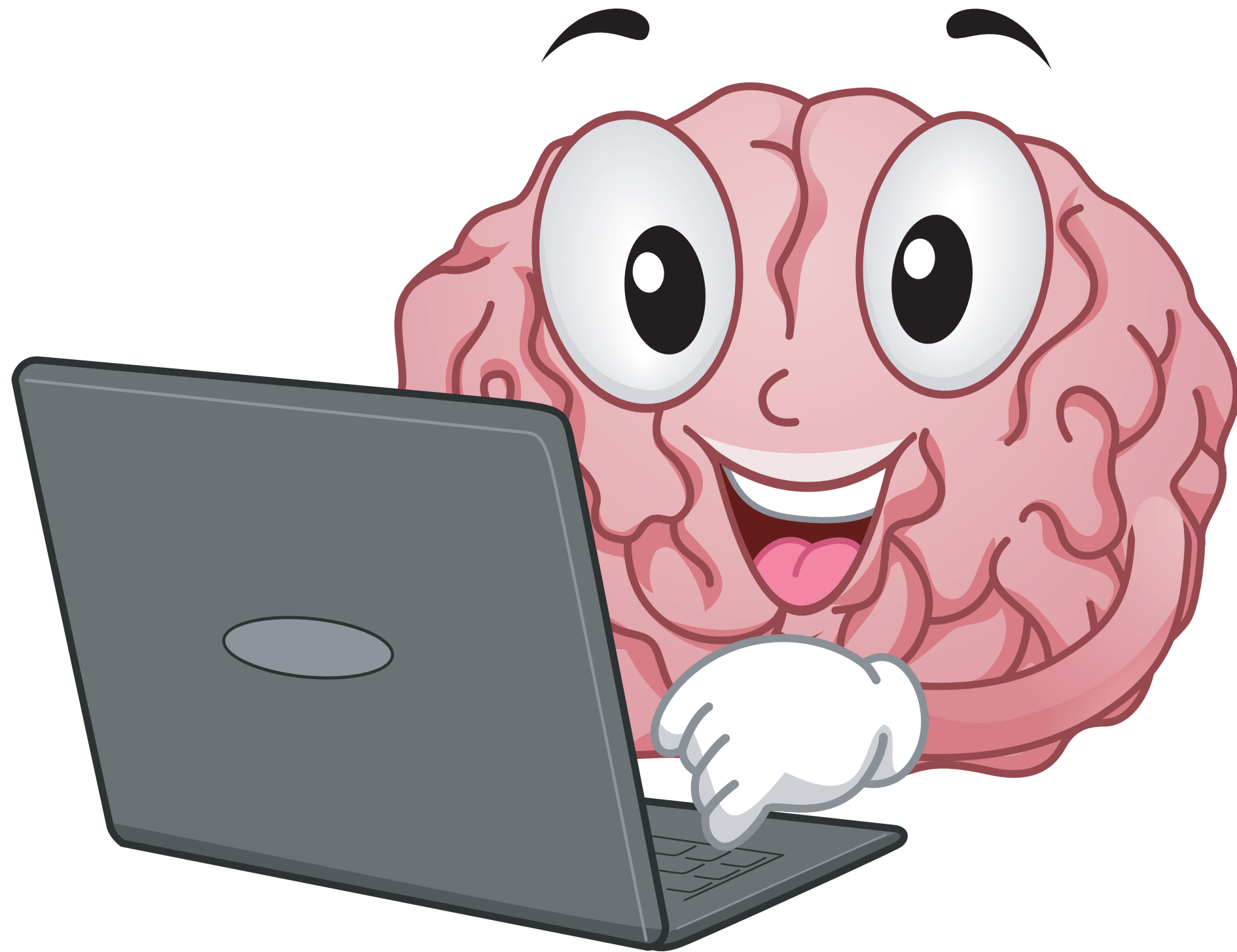
HEY

LOVE YOU

THEY ARE

HEY

INTERESTED



Brain

- Talk about something you know today that you did not know yesterday.
- Talk about something interesting, a book you/your teacher is reading.

Heart

- Talk about people you spent time with today.
- Talk about kind and unkind words that were said.





Wave Your Hands

- Talk about how you helped or showed kindness to someone, or someone helped you.
- Talk about something with your hands.



Muscles

- Talk about challenges that you did, something difficult, or frustrating.
- Talk about how you handle it?