

# **Reducing Aggressive Behaviors Through Conflict Resolution Academy**

Lesson 6: Aggressive Behavior Scenario Cards

Arizona Foundation for  
**LEGAL SERVICES  
& EDUCATION**  
THE ARIZONA BAR FOUNDATION

## **Scenario 1: Prank Gone Wrong**

During lunch, two friends, Nick and James, get into an argument over a prank that Nick pulled on James earlier that week. Nick starts shouting at James, saying, "You're going to regret messing with me!" and "You better watch your back." Other students gather around, some laughing, while James looks uncomfortable but doesn't respond.

### **Task for the Group:**

- Identify actions or statements that could be signs of potential violence or escalating aggression.
- Highlight the red flags and discuss why these behaviors could be harmful to the people directly involved and other students.
- Identify which, if any, behaviors could be illegal and/or a violation of school rules.
- Identify 2 ways to resolve the conflict in a way that doesn't violate rules/laws and reduces the possibility of violence.

## **Scenario 2: Staring Situation?**

Sara is between classes when she notices a classmate, Emily. Sara thinks Emily has been staring at her all week. Emily doesn't know Sara and hasn't been staring at her. Sara approaches Emily and blocks her way. As Emily steps closer, Sara bumps her shoulder hard and tells her to stop staring before walking away.

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## **Scenario 3: Group Project Frustrations**

Lucas and Alex started arguing online over a group project. What began as frustration turned into aggressive messages from Alex, saying things like, "You ruined everything," and "Don't bother showing up tomorrow." The tone of the messages became more hostile, and now they're both avoiding each other at school.

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- Identify 2 ways to resolve the conflict in a way that doesn't violate rules/laws and reduces the possibility of violence.

## **Scenario 4: Exclusion and Gossip**

Mia has not been getting along with her friend group. She feels like they are misunderstanding her when she gives her opinions. As a result, Mia feels left out and thinks her friends are avoiding her. One day, she overhears them discussing their frustration, saying, "We need to talk to her about this." and "She needs to know how we feel."

### **Task for the Groups:**

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- Highlight the red flags and discuss why these behaviors could be harmful to the people directly involved and other students.
- Identify which, if any, behaviors could be illegal and/or a violation of school rules.
- Identify 2 ways to resolve the conflict in a way that doesn't violate rules/laws and reduces the possibility of violence.

## **Scenario 5: Property Damage**

Chris and Jordan have been arguing ever since Jordan accidentally broke something belonging to Chris. Chris wants Jordan to pay to replace it but Jordan says it was an accident. One day, Jordan's locker is spray-painted, and his notebook damaged. Later, Chris posts a photo of the damage online.

### **Task for the Groups:**

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- Identify which, if any, behaviors could be illegal and/or a violation of school rules.
- Identify 2 ways to resolve the conflict in a way that doesn't violate rules/laws and reduces the possibility of violence.