

# **Reducing Aggressive Behaviors Through Conflict Resolution Academy**

Lesson 6: Reporting Resources

Arizona Foundation for  
**LEGAL SERVICES  
& EDUCATION**  
THE ARIZONA BAR FOUNDATION

# Reporting to a School Counselor

## **Description:**

School counselors are trained to help students with a wide range of issues, including conflicts, bullying, and threats of violence. Students can speak to their school counselor confidentially about any concerns they have regarding safety.

## **How to Report:**

- Make an appointment with your school counselor during school hours.
- Talk to them about any behavior that makes you or someone else feel unsafe (e.g., bullying, threats, fights).
- You can also leave a note in their mailbox or contact them via school email.

## **When to Use:**

- If you or someone you know is experiencing bullying or aggressive behavior.
- If there are threats of violence or danger to others.

## **Key Takeaway:**

School counselors are a safe, confidential resource for discussing and reporting issues related to violence and safety

# **Texting a Crisis Line (Crisis Text Line)**

## **Description:**

The Crisis Text Line is a free, confidential 24/7 service that connects you to a trained crisis counselor through text. This service is useful when you are feeling overwhelmed, anxious, or have witnessed troubling behavior.

## **How to Report:**

- Text "HOME" to 741741 to connect with a crisis counselor.
- Share your concerns about what you've witnessed, and the counselor will help guide you through the next steps.

## **When to Use:**

- When you feel unsafe, overwhelmed, or need help dealing with a potentially dangerous situation.
- If you're afraid to talk to someone in person.

## **Key Takeaway:**

Texting the Crisis Line provides confidential support at any time, making it a great option for when you feel too scared or uncomfortable to speak out in person.

# Using a School Hotline/Anonymous Reporting

## **Description:**

Many schools have hotlines or anonymous reporting systems for students to share concerns about violence or other unsafe behavior. These tools allow you to report without revealing your identity.

### **How to Report:**

- Find your school's hotline number on their website or in the student handbook.
- Call the hotline and follow the prompts to leave an anonymous message.
- Some schools also offer online forms for anonymous reporting that can be accessed on the school website.

### **When to Use:**

- If you want to report a threat or violent behavior but don't want to reveal your identity.
- If you have witnessed bullying, vandalism, or dangerous behavior and are worried about retaliation.

## **Key Takeaway:**

Anonymous hotlines let you safely report without revealing your identity, ensuring that your concerns are addressed while maintaining confidentiality.

# Reporting to Law Enforcement

## **Description:**

In cases of immediate danger or serious threats, reporting to law enforcement is necessary. Law enforcement officers are trained to handle potentially violent or dangerous situations.

## **How to Report:**

- If there is an emergency, call 911 immediately.
- For non-emergencies, contact your local police department through their non-emergency line.
- Use online reporting forms available on law enforcement websites for non-urgent concerns.
- Report to your school resource officer (SRO)

## **When to Use:**

- When there is an immediate threat to someone's safety, such as a weapon on campus, physical violence, or severe harassment.
- When bullying or aggression escalates beyond the school's ability to handle.

## **Key Takeaway:**

Law enforcement should be contacted in emergencies or when violence has escalated to a dangerous level. They are equipped to intervene and prevent harm.